

Weekly schedule

Time / period	Monday	Tuesday	Wednesday	Thursday	Friday
8:30	DEAR: Drop everything and read	DEAR: Drop everything and read	DEAR: Drop everything and read	DEAR: Drop everything and read	DEAR: Drop everything and read
9:30	Social/Science Mystery Doug	Star Fall Activities Starfall	Social/Science Mystery Doug	Star Fall Activities Starfall	Social/Science Mystery Doug
10:30/11:00	Movement Break Chair workout	Music with Tyne	Movement Break Online Workout	Music with Tyne	Movement Break Cosmic Kids Yoga
11:30	Reading Story Online	ASL Lets make friends	Reading Story Online	ASL Lets make friends	Cooking Mug Meal
12:00 – 1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Meditation	Movement Break Go Noodle	Meditation	Movement Break Go Noodle	Reading Story Online
1:30	Arts & Crafts www.hellokids.com	PLAY	Arts & Crafts www.hellokids.com	PLAY	PLAY
2:00	Individual Goal Work/Physio	Individual Goal Work/Physio	Individual Goal Work/Physio	Individual Goal Work/Physio	Individual Goal Work/Physio
3:00 – Onward	Family Time/Technology	Family Time/Technology	Family Time/Technology	Family Time/Technology	Family Time/Technology

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Play – get out your favorite activity whether it be cars, toys, stuffed animals or play in the backyard, go for a walk! Do something YOU enjoy! It's okay to let students get creative, be creative and create!

Cooking – This is a great opportunity to have individuals work on their senses. Pick a meal and have the individuals help make it. Even if they do not eat it, the point of this activity is to work on activating their sense.

